

Arlington Youth Council Meeting
Thursday, April 19, 2018 at 5:00PM
City Council Library, 110 E. Third Street

1. CALL TO ORDER

2. ROLL CALL

3. STAFF

4. GUESTS

5. AGENDA

5.I. Minutes From March 15, 2018

Documents:

[2018-3-15 AYC MINUTES.PDF](#)

5.II. ADAC Committee Meeting Report To Discuss Possible AYC Involvement

5.III. Forum Next Steps

5.IV. Other

6. ADJOURNMENT

DRAFT



Minutes of the Arlington Youth Council Meeting

Council Chambers Library
110 East Third Street
March 15, 2018, 5:00pm
City Council Chambers

Youth Councilmembers Present: Olivia Walker, Victoria Wilde, Alec Villa

Youth Council Members Absent: Grace Williams, Cole Cramer, Aryana Ahlen

Also Present: Sarah Lopez, Abby Bormann (Arlington Library), Councilmember Mike Hopson, and Duane Fish (arriving at 5:23)

Meeting called to order at 5:04pm.

Minutes: Olivia motioned to approve the minutes of the February 15, 2018 meeting, Victoria seconded, and minutes were approved.

Arlington Library Forums

Abby Bormann, Teen Services Librarian, gave an overview of the mental health forums presented by Sno-Isle Libraries. There were 4 topics starting in November of 2017. The forums were funded by a WA State Libraries grant. Sno-Isle recruited at least four community experts in the field for each forum (example Cocoon House, Compass Behavioral Health). After the panel gave brief introductions, there was an open discussion with the attendees. The teen depression topic was in February, and it is in Edmonds April 17. They have recorded all the forums, they are available on the Sno-Isle website, under past programs <https://www.sno-isle.org/issues-that-matter>. Abby said that they haven't had a topic on teen anxiety. She has contact for speakers if youth council needs assistance. Also, Marysville Library has a grant writing program and a database for grants.

Upcoming Events

- ADAC is having a committee meeting on April 17 that Sarah is attending. ADAC will be planning a community event (could be an opportunity for AYC to be involved)
- Weston HS is planning a "Summer Kickstart" event on April 19 to show kids what is available during the summer for employment, volunteering, etc.
- Screenagers- there is a plan to show this film to the high school students and a public showing. <https://www.screenagersmovie.com/>

School Shootings

Councilmember Mike Hopson asked the youth for feedback on school shootings-what was it like at your school and how did students react? Discussion followed.

Forum Next Steps

Sarah suggested that the AYC use time outside the regularly scheduled meeting as a committee to work on the forum. Alec is going to connect with Grace on this. Mr. Fish noted that Kari Ranten from Skagit Regional Hospital can help youth council make contact for forum speakers. kranten@skagitregionalhealth.org

Bios and Social Media:

Sarah will send Olivia the photos that she has of the AYC members (still need Cole and Grace). Olivia will work on posting to social media. Please finish your bios.

Adjournment: Victoria made a motion to adjourn the meeting and Olivia seconded. Meeting adjourned at 5:p.m.

Minutes taken by Sarah.