



**Special Joint Meeting
Public Hospital District #1 of Skagit County Board of Commissioners
Public Hospital District #3 of Snohomish County Board of Commissioners
Arlington City Council, and
Arlington Public Schools Board of Directors**

Monday, April 30, 2018, 6:30 p.m.
Byrnes Performing Arts Center – Arlington High School

The Public Hospital District No. 1, Skagit County Board of Commissioners, Public Hospital District No. 3, Snohomish County Board of Commissioners, Arlington City Council, and Arlington Public Schools Board of Directors held a joint meeting on April 30, 2018 at 6:30 p.m. at the Byrnes Performing Arts Center, 18821 Crown Ridge Blvd., Arlington, WA, to discuss matters of mutual interest.

In Attendance

Public Hospital District No. 3, Snohomish County

Commissioners: Tim Cavanagh, and John Meno
Superintendent: Ardis Schmiede

Arlington Public Schools

Board Members: Kay Duskin, Judy Fay, Marc Rosson, and Jeff Huleatt
Student Advisor: Mary Catherine Meno
Superintendent: Chrys Sweeting

Public Hospital District No. 1, Skagit County

Commissioners: Peter Browning, Bruce Lisser, Jeffrey Miller, and Jim Hobbs
President and CEO: Brian Ivie
VP Operations – CVH: Jola Barnett

City of Arlington

Council Members: Marilyn Oertle, Sue Weiss, Mike Hopson, Jessica Stickles, Debora Nelson, Joshua Roundy and Jan Schuette
Mayor: Barb Tolbert
City Administrator: Paul Ellis

Also in attendance were Public Hospital District No. 3, Snohomish County Erika Coghill; Arlington Public Schools staff members Eric DeJong, Kari Henderson-Burke, Gary Sabol, and Julie Davis; Public Hospital District No. 1, Skagit County Kathy Harris; City of Arlington attorney Steve Peiffle

Call to Order

Public Hospital District No. 3, Snohomish County hosted this meeting. Dr. Timothy Cavanagh, Board President, called the meeting to order at 6:30 p.m.

Pledge of Allegiance

Approval of the Agenda by the Public Hospital District No. 3, Snohomish County Board of Commissioners

Dr. Timothy Cavanagh, Public Hospital District No. 3, Snohomish County Board President, asked if there were any corrections for the proposed agenda. There were none.

Motion: That Public Hospital District No. 3, Snohomish County Board of Commissioners approves the agenda as presented.

Motion made and seconded.

Final Resolution: Motion carries

Yea: John Meno, Timothy Cavanagh

Introductions

Dr. Cavanagh then welcomed all who were present and asked attendees to introduce themselves.

General Updates

City of Arlington

Paul Ellis, City Administrator, reviewed efforts by the City to improve social services. The City received a small grant in late 2016 to start a gap analysis regarding what services were available and what services were needed in the community. This resulted in a Police officer being assigned to social services in 2017. A flex fund was created for small incidentals to get individuals into services. This individual has made some spectacular inroads and has had 54 contacts with homeless individuals, arranged transportation for 36, and arranged some sort of intake meeting for 36 individuals. This individual makes the rounds of 26 homeless camps in the area. 29 adults and 40 children have been placed in housing via the Arlington Community Resource Center which is located at the Senior Center in Smokey Point. The Resource Center offers an opportunity for all to go to one place and then get referred to other non-profit organizations that provide services in the community. The focus is on substance abuse. Individuals are counseled to go into services.

Mayor Tolbert commented that when the diversion center opens in Everett individuals will go there. It is located at the old work release facility in Everett. The City is targeting adults who are addicted to opiates to get them an assessment and into treatment. The homeless population in Arlington, Granite Falls, Darrington, and Stanwood was approximately 287 in 2017; awaiting updated numbers for 2018.

Arlington Public Schools

Dr. Chrys Sweeting, Superintendent, discussed the importance of partnering together for community social services. Catholic Community Services provides services at Weston and is open to Arlington High School students and out of district students two times per week. Individuals are self-selected and Catholic Community Services provides counseling beyond what school counselors can do and provides names of resources for additional services. They can also reach out to others in the community. Arlington Public Schools recently entered into agreements with the Smokey Point Behavioral Hospital to provide an additional two days for secondary students. Arlington Public Schools strives to support students academically, behaviorally and mentally.

PHD No. 3, Snohomish County

Ardis Schmiege, Superintendent, reported that PHD No. 3, Snohomish County, has connected Arlington Public Schools with a mental health counselor to support mental health counseling at the elementary school level. This individual is spending one day per week at Eagle Creek. A meeting is scheduled with

parents first and, initially, five kids are receiving mental health counseling services. PHD #3 has received a grant to cover the cost of the counseling services for the students that are not insured. This same individual that runs their own practice has also been engaged by Arlington Resource Center to provide services to the Stanwood, Arlington and Lake Stevens Resource Centers.

Information on the "Stilly Valley Health Connections" program formed to promote healthcare programs and resources was reviewed including the vision and mission. Ardis gave a brief review of upcoming programs and events.

The Arlington Community Resource Center is sponsoring budget classes for clients provided by the PHD No. 3 Financial Director. PHD No. 3 is working to develop more partnerships; not duplications of what is already being provided, but what's missing in the community.

PHD No. 1, Skagit County

Jola Barnett, VP Operations - CVH commented that there is an ever increasing demand for mental health services which, sadly, includes a lot of children. Cascade Valley Hospital staff are not trained to see mental health patients. CVH has one safe room where patients can be put in restraints and are continually monitored. We have met with the Police Department regarding the transition of care from police to hospital staff and we are working with Fire Department and Police Department regarding how to keep patients safe. The Behavioral Health center is a great resource and is still taking voluntary admissions. Cascade Valley Hospital is looking at providing training for Emergency Department staff through multiple resources, including Skagit Valley Hospital. One example is SVH staff assisted with training of appropriate staff last week during CVH Skills Day.

Manufacturing Industrial Center (MIC)

City Administrator Paul Ellis reported the City is working with the City of Marysville to secure a Manufacturing Industrial Center (MIC) regional designation. A \$50,000 planning grant has been awarded. The MIC topic was just recently put on Governor's list as an "opportunity zone."

Everett Community College's Advanced Manufacturing Training and Education Center (AMTEC)

Arlington Public Schools Superintendent Dr. Chrys Sweeting mentioned she has been impressed with the partnership between the School District and the City would like more communication with other organizations. There is a need for a skilled workforce and training from within. An article published in the Arlington Times was reviewed. It reflects on the partnership with Everett Community College's Advanced Manufacturing Training and Education Center (AMTEC). AMTEC provides training to students on precision machinery on the Weston school campus. They are looking at growing the program and possible college credits for this training. The focus is preparing students for careers in the community.

2018 Skilled Trades Event

A Trades Event is scheduled for May 2 at Arlington High School. The purpose of Trades Day is to let students know what's available in the community, provide information to those looking for internships, and provide information on preparing for career vocations, college and jobs.

Ambulance Transports

Jola Barnett, Public Hospital District No. 1, Skagit County VP Operations – CVH reported Skagit Regional Health is working with the Arlington Fire Department in an effort to reduce the number of out of district ambulance transports. If the ambulance heads to Providence, that ambulance is taken out of service for a prolonged amount of time, in addition it increases the miles put on the AFD aid and medic units. It is also a shorter distance time-wise to transfer a patient to Skagit Valley Hospital vs. Providence, with shorter wait times for access, subsequently, the AFD is also transferring more patients to SVH. Beginning 5/1, BLS patients will no longer be asked for their preference of transport location, although patients can still self-direct where they want to be taken if raised as a concern. Also working with the healthcare providers and nurses at the Smokey Point Urgent Care facility in an

effort to build relationships and work on any issues that might have been encountered in the past and soliciting feedback from EMS personnel on why the patient or provider has requested to go to another facility, to help CVH identify how to best meet the access needs. The initiative with the AFD is regarding BLS patients only.

Public Hospital District No. 1, Skagit County President and CEO Brian Ivie commented that Skagit Regional Health wants to change the clinical discussion. The goal is to raise the bar and we need to prove to the community that both CVH and SVH facilities will meet their needs because they are not only close but are the best places to get care.

Enhancing Medical Services in North Snohomish County

Jola Barnett, Public Hospital District No. 1, Skagit County VP Operations – CVH reviewed the flyer that was distributed regarding enhancing, and adding services in north Snohomish County.

Recruitment of new providers: SRH recently added one Ortho Surgeon and a third Midwife. Seeking additional OB/GYN, Ortho and Family Practice providers. Recently added Doctors Chaffee and Luciana and Sarah Evans ARNP to the SRH system.

Specialties: A variety of specialists rotate to the Smokey Point location including Endocrinology (which refers patients into the system for (diabetes and nutrition counseling), Neurology, Cardiology, and Urology. Cardiologists also rotate at CVH.

Physical Therapy: Inpatient and Outpatient Physical Therapy services are now available at CVH.

MyChart: Distributed information on MyChart an Epic Electronic Health Record system which allows patients to view test and lab results, make payments, request appointments, request medication refills and exchange secure messages with their care team.

MyEClinic: Patients can access MyEClinic over the phone or via webcam.

Brian Ivie, Public Hospital District No. 1, President and CEO stated the main focus is on recruitment for OB/GYN and Ortho specialties. We don't yet have statistics on what percentage of women chose a midwife, but we are picking up some great volume as midwives are very popular. He also reported that Plastic Surgery is also now available at the Smokey Point location.

Community Growth

The Arlington City Council is working on a program to help complete streets that connect communities. As we are building roads we need to make sure we are creating places to walk, bike, etc. As the city grows we need to promote healthy communities and safe spaces. 1200 units of housing are currently in permit.

City Administrator Paul Ellis commented growth will impact the school and the hospital. We all need to prepare for population growth. There is also growth in industry.

Mayor Tolbert stated the previous pathways for annexing are not open now. There are new guidelines and growth will stay in city areas which will become higher density.

School Bond

Commissioner PHD No. 1, Skagit County Bruce Lisser commented he was disappointed to hear the school bond didn't pass.

Arlington Public Schools Superintendent Dr. Sweeting responded that 60% was needed to pass and we had 56%, which is encouraging. Approximately 13,000 taxpayers did not vote. The time was not right due to the uncertainty regarding taxes, etc. The faculty is committed. There was great feedback from the focus groups and opinion polling is now underway. The District is working on advance recommendations and projects and plans to go back for a vote in November or February. Dr. Sweeting noted that it will be important to make sure the right package is presented.

Closing Comments

Mayor Tolbert stated she loved the information presented. The discussions validate the potential for partnerships. The focus is on the community and we face some challenges. Barb thanked everyone for attending and their efforts for growing partnerships.

Dr. Cavanagh commented that as a result of the immense growth, needs have changed. There is a large need for services, especially for seniors and youth. He stated he feels the people at this table are ahead of the times, and is pleased to hear what's happening, the cooperation, etc. He felt it was helpful to have a meeting where we just share and discuss information. These are exciting and changing times. As governments can do less, local communities have to do more. Together we can make a big difference.

Next Meeting


The City will host the next meeting scheduled for 10/29/18. The meeting schedule for the remainder of 2018 and 2019 was reviewed.

Adjournment

With there being no further business before the group, the meeting concluded at 7:26 p.m.



Ms. Tina Davis, Board Secretary
Public Hospital District No. 3, Snohomish County
Board of Commissioners



Ms. Barbara Tolbert, Mayor
City of Arlington



Dr. Chrys Sweeting, Superintendent
Arlington Public Schools



Dr. Jeff Huleatt, President
Arlington Public Schools
Board of Directors



Mr. Peter Browning, Board Secretary
Public Hospital District No. 1, Skagit County
Board of Commissioners