# ARLINGTON AND GREATER AREA

# YOUTH RESOURCES

## Food

Arlington Community Food Bank **360-435-1631 arlingtonfoodbank.org** 

19118 63rd Ave NE, Arlington Monday 5 pm - 6 pm Wednesday 5:30 pm - 7 pm Friday 12 - 1 pm

# General Help

Arlington Community Resource Center

360-322-6988 voaww.org/acrc

3210 Smokey Point Drive #103, Arlington
The ACRC is a one-stop hub of services for
people in need. From help with basic needs
like food, clothing, and shelter, to
assistance with other kinds of resources
and programs.

# General Help cont.

#### North Sound 211

#### call 211 wa211.org

Free, confidential community service and one-stop connection to local services you need, from utility assistance, food, housing, health, child care, after school programs, crisis intervention and much more.

# Catholic Community Services

#### 425-257-2111 ccsww.org

Assist individuals, children, and families struggling with poverty and the effects of intolerance and racism.

#### Compass Health

#### 1-800-584-3578 compasshealth.org

Compass Health provides comprehensive services to treat behavioral health conditions.

#### Cocoon House

#### 425-259-5802 cocoonhouse.org

Provides short and long term housing for homeless and at-risk young people, including their children.

## Violence and Crime

Domestic Violence Services of Snohomish County

425-252-2873 dvs-snoco.org

24 hour hotline Provides free and confidential services: emergency shelter, legal advocacy, support groups and domestic violence education.

# Dawson Place **425-789-3000 dawsonplace.org**

Dawson Place Child Advocacy Center is a safe place where abused kids and non-offending family members can come for safety, justice, and healing.

Washington State Crime Victim Service Center Hotline

#### 1-888-288-9221 wacvshotline.org

24 hour hotline
Services include but are not limited to
courtroom support, safety planning,
assistance with victim impact statements,
support groups, crime victim
compensation, and more.

# Clothing & Laundry

# Kids Kloset 360-435-4875 arlingtonkidskloset.com

Meeting the clothing needs of all eligible children, in a friendly, pleasant, and positive atmosphere. All items are free.

## North Snohomish Country Outreach

#### nscoutreach.org

A weekly program in partnership with local laundromats to meet people where they are at and provide free laundry.

## Hotlines

Depression

1-630-482-9696

Eating Disorder **1-800-931-2237** 

Exhale

(After Abortion Text-Line)

617-749-2948

Rape and Sexual Assault 1-800-656-4673

Runaway

1-800-786-2929

Suicide

1-800-273-8255

Trevor Project (LGBTQ+) **1-866-488-7386** 

# **School Resources**

SafeSchools Tipline 844-241-1346

asd-wa.safeschoolsalert.com

This system allows you to quickly, easily, and anonymously report safety concerns to school officials 24/7/365.

# YOUR SCHOOL IS YOUR GREATEST RESOURCE. CONTACT YOUR COUNSELORS FOR ASSISTANCE AT ANY TIME.

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