



CITY OF ARLINGTON

Fire Department



Fire Chief Bruce A. Stedman
Deputy Fire Chief Tom Cooper



Vial of L.I.F.E.

Lifesaving Information For Emergencies

In an emergency, time is crucial. The vial of L.I.F.E. kit enables emergency responders to quickly locate helpful information regarding your medical history. The kit contains:

- ✚ A Medical Information Form
- ✚ A Vial to store the form and any advanced directives you may have. Once those things are inside, you place the vial on the top shelf on the inside of your refrigerator door. *(Medics arriving to assist you at your home will look for it – you are also asked to take it with you should you be evacuated during a disaster or emergency)*
- ✚ A magnet - You place it on the outside of your refrigerator door – alerting the medics to look for the Vial.
- ✚ A sticker – Place it on the outside of your front door or on a window adjacent to the front door – alerting the medics to look for the Vial.

You are asked to take the time to complete the Medical Information Form with current information (ask for assistance from your medical provider if necessary).

If you would like more Vials of L.I.F.E., contact the Arlington Fire Department at 360-403-3600.

This is a free program made possible by the Medic One Foundation, Bartell Drugs, and Arlington Fire Department.