



Arlington Youth Council Meeting

Thursday, January 13, 2022 at 5:30 p.m.

Zoom

<https://arlingtonwa.zoom.us/j/82894571414?pwd=L25lbm01V1YvQ0JSbzIMSEk4RnRKdz09>

Meeting ID: 828 9457 1414

Passcode: 536383

CALL TO ORDER

INTRODUCTIONS

ROLL CALL

Grace Saenz, Chair
Laura Meno, Vice Chair
Jenna Estep, Communications
Mariska Lebahn
Deja Reed
Sera Sabol
Kimberly Leach

STAFF: Barb Tolbert-Mayor, Sarah Lopez- City of Arlington, Duane Fish-AHS Principal, Kerri Helgeson-APS, Marilee Herman- AHS

GUESTS:

AGENDA

- 1) Minutes [12-9-2021](#)
- 2) Youth Leadership Summit topic ideas
 - Arlington: ideas: mental health struggles, suicide prevention, equity and racism, public speaking and presenting, how to use social media as a resource, emotional intelligence, interviewing strategies
 - Lake Stevens: Anxiety and depression or leadership training (interviewing and networking)
 - Everett: Suicide prevention
 - Marysville: Race and equity education
 - Tulalip: Suicide prevention
- 3) Planning the summit
- 4) Other

ADJOURNMENT

SPECIAL ACCOMMODATIONS: The City of Arlington strives to provide accessible meetings for people with disabilities. Please contact the ADA coordinator at (360) 403-3441 or 1-800-833-8388 (TDD only) prior to the meeting date if special accommodations are required.